



Mayor's Council on Physical Fitness
Wednesday, March 6, 2013
4:00 PM
Basement Conference Room
Abilene City Hall
555 Walnut Street
Abilene, Texas 79601

Agenda

1. Call to Order: Welcome and swearing in of new members (*Horn/Boen*)
2. Minutes: Approval of Minutes of January 9 and February 13, 2013 regular meetings
3. Staff Liaison report (*Boen*)
 - i. Chris Kyker Physical Fitness Leadership Award (individual)
 - ii. Living Well/Health and Fitness Jamboree (May 17, 2013)
 - iii. Promotional items bids/ordering (*Boen*)
4. Discussion and possible action on the following:
 - Update on Mayor's Council on Physical Fitness Facebook page activity (*Owen*)
 - Discuss Mayor's Council on Physical Fitness participation in 10th Annual Mayor's 5K Run/Walk/Wheel (*Horn*)
 - Request for Support
 - i. 10th Annual Mayor's 5K Run/Walk/Wheel (*Horn*)
 - ii. Rescue the Animals 5K Run/1 Mile Walk (*Mindy Qualls*)
 - Consideration of participation in Texas Department of Aging and Disability Services' "Age Well Live Well" program (*Horn*)
 - Favorite Fitness Activity of the Month February (*TBD*), March Steam'N'Wheels March 23 (*Shake*)
 - Favorite Fitness Activity of the Month for upcoming months (*Horn*)
5. Set next meeting date
6. Adjournment

NOTICE

Persons with disabilities who would like special assistance or need special accommodations to participate in this meeting should contact Cindy Chitwood, Secretary to the City Manager, 676-6206 at least forty-eight (48) hours in advance of this meeting.

CERTIFICATE

I hereby certify that the above notice of meeting was posted on the bulletin board at the City Hall of the City of Abilene, Texas on the _____ day of March at _____.

Danette Dunlap
City Secretary