Abilene-Taylor County Public Health District Advisory Board February 26, 2013

The Advisory Board met on February 26, 2013 in the Abilene-Taylor County Public Health District Conference Center and present were the following: Robert Hawley, D.D.S.; Shane Price; Peter Norton, M.D.; Tom Perini; James McCoy, R.Ph.; Zane Travis, M.D.; James Childers; Lesli Andrews; Larry Johnson; Barry Camarillo; Kay Durilla, R.N.; Charlotte Lambert; Annette Lerma; Henry Loza; and Mary K. Fair, who acted as secretary. Absent were: Randy Williams; Nancy Jennings and Wayne Rose. Visitor in attendance: Stan Smith, Jo Roberts, Cassie Lee, Kaitlin Mitchell and Maria P. Greene.

**Item I - Call to Order** – The meeting was called to order at 1:03 pm by Dr. Hawley.

**Item II – Review and Approval of Minutes from Previous Meeting** – A motion was made by Mr. Price and seconded by Dr. Norton to approve the November 21, 2012 meeting minutes as written. All approved.

**Item III – Presentation of 5-Star Award** – James Childers, Community Services Director, presented the Bureau of Vital Statistics 5-Star Exemplary Award to the Abilene-Taylor County Public Health District's Vital Statistics office personnel; Jo Roberts, Cassie Lee and Kaitlin Mitchell. Only 21 local registrar offices in Texas received the 5-Star Exemplary Award for 2012. The Board and Mr. Johnson appreciate the local staff for all their hard work and dedication to excellence.

Item IV – Review and Discussion of Community Assessment – Larry Johnson spoke to the Board about a Community Health Assessment (CHA) Survey that Hendrick Medical Center is conducting and provided each Board Member a handout with the online survey website and dates the survey is available and a copy is with the original minutes. Hendrick is asking local agencies to promote the CHA with their clients either on-line or in paper form. The CHA is approximately 40 questions and Mr. Johnson passed around a copy of the questions for the Board Members to briefly review. Another group has been formed, including the Mayor, County Judge, local Medical Society and Hendrick Medical Center, to see what services are available in the community, identify barriers to medical care and monitor the community's needs and wants. The results should be available in the late summer and Mr. Johnson will let the Board know the outcomes.

Item V – Review and Discussion of Communicable Diseases and Influenza - Dr. Travis provided brief updates for the Board Members. 1) New strain of Carbapenem-Resistant Enterobacteriaceae (CRE) which is untreatable or difficult-to-treat drug resistant infections. Hendrick Medical Center has had five cases. Four of the five patients died, but not recently, and three of the four patients who died were older with other medical problems. 2) New outbreak of the Norovirus in the United States; it occurs mainly during flu season and the key to prevention is good personal hygiene. 3) Statewide increase in cases of Chlamydia might have been the result of more and better testing according to Department of State Health Services quoted in a recent newspaper article (copy is with original minutes). Taylor County Chlamydia cases have been up and down with no specific cause for the increase. Chlamydia is treated with one dose of antibiotic. 4) A handout with the most recent Influenza numbers was provided (copy is with the original minutes). Local cases of flu peeked in mid-January. 5) New SARS-like virus spreading overseas with about a 50% casualty rate. The World Health Organization is monitoring the situation. 6) New virus in Africa looks like rabies but works like Ebola and has human-to-human transmission with deaths but also some survivors. 7) It is not too late to get a Flu Shot and we do have vaccine available. 8) Tamiflu and antivirals are in short supply as well as a shortage of Doxycycline and Tetracycline nationwide. 9) The Health District's STD Clinic can take referrals from medical doctors to test and/or treat STD's.

Item VI - Demonstration and Discussion of Body Composition Analysis System – Barry Camarillo gave a brief background on the electronic Body Composition Analysis System (BCA) that the Health District recently purchased through grant funding. At previous years City Employee Health Fairs the Health District provided Body Mass Index (BMI) screenings with weight, height and calculated the BMI but the new BCA system can provide more information. The information provided is outlined on the "What Do My Numbers Mean?" handout provided for each Board Member and a copy is with the original minutes. Mr. Camarillo demonstrated the BCA and showed how useful the historical data could be to a person. The patient completes a brief questionnaire, steps on the scale, the data is automatically calculated and a printout is given to the patient. The current data is saved and stored for comparison in the future. The Health District is reviewing how the BCA can be used in other programs, such as postpartum women in the Women's, Infants and Children (WIC) Program, evacuation shelters and at community health fairs. The initial use of the BCA was at the 2013 City Employee Health Fair and the Health District is still in the initial learning phase with feedback from the City employees to enable us to better utilize the BCA system.

**Item VII - Adjourn** – The next regularly scheduled meeting is May 21, 2013. No further business the meeting was adjourned at 1:51 pm.