

Minutes
Mayor's Council on Physical Fitness
September 3, 2008
4:00 PM
Abilene City Hall
Basement Conference Room

The Mayor's Council of Physical Fitness met on September 3, 2008 in the Basement Conference Room of City Hall, 555 Walnut, Abilene, Texas 79601. Liz Rotenberry, Chairperson, was present and presiding. Committee members present were: Tanya Brice, Mary Herron, Bill Horn, Dr. Ralph McCleskey, Tommy Morris, Pug Parris, and Karen Stover. Also present were Kayla Christianson, - INFocus Digital; Audria Hammond; Larry Johnson; and Tony Neitzler Lenka Wright – City of Abilene Staff ; and, Dave Wright and Mike Geranis, Dyess Air Force Base.

1. Call to Order

The meeting was called to order at 4:15 pm by Liz Rotenberry, Chairperson.

2. Approval of Minutes of the August 13, 2008, August 20, 2008 Meeting and August 27, 2008 Meeting

Approval of the Minutes of the August 13, 2008, August 20, 2008 Meeting and the August 27, 2008 Meeting were tabled until the September 17, 2008 Mayor's Council on Physical Fitness Meeting.

3. Discussion of September Walking Event

"Abilene on the Move" day is set for Wednesday, September 10, 2008. Mrs. Rotenberry informed that Council that T-Shirts had been ordered for the event. Members of the Council gave updates of events planned:

Joy Hedges: City of Abilene planning two 10-minute walking events around Downtown Abilene. Library staff will be included. Mayor Archibald will lead walks.

Pug Parris: McMurry University students and staff will participate. "10 Things that Walking is Good For" info is being disseminated to faculty, staff, and students.

Deonna Shake: Several Walking events planned throughout the campus for faculty, staff, and students

Mary Herron: Craig Middle School students will be walking second period thru 7th period. Invitation has been sent to parents to participate. PTA will be registering students. Event will be announced at open House on September 8th.

Karen Stover: Elementary campuses will participate. Teachers and Parents have been invited to walk during PE classes. Woodson campus will walk for 10 minutes. Notices will be placed on Campus Marquees.

Dennis O'Connell: Faculty, staff, and students of Hardin Simmons University will Participate.

The Council discussed how best to report event participation. It was determined that A survey would be placed on the City of Abilene Website and the "My Fitness Abilene Website. In addition a "Thank you" ad would be placed in the Abilene Reporter News.

Mrs. Rotenberry informed the Council that the West Texas Fair and Rodeo Parade is scheduled for Saturday, September 6, 2008. Mayor Norm Archibald will be a part of the Parade. She has requested that he represent the Mayor's Council on Physical Fitness by walking in the Parade and pull a wagon carrying his grandson. Members will walk in the Parade, carry the Mayor's Council on Physical Fitness Banner, and toss Frisbees. Members who plan to participate in the Parade were asked to meet at 9:45 am at the Taylor County Courthouse.

4. Discussion of Event and Sponsorship Guidelines

A sub-committee comprised of Dennis O'Connell, Ralph McCleskey, and Bill Horn have worked on establishing guidelines for groups requesting support from the Mayor's Council on Physical Fitness. (Proposed Guidelines Attached)

Dennis O'Connell presented a draft of the proposed guidelines. Council members present reviewed the guidelines. Lenka Wright will present the proposed guidelines to the City's Legal Department for their review/input.

Mrs. Rotenberry voiced her appreciation to Mrs. Wright for the Public Service Announcement for the Mayor's Council on Physical Fitness.

Ralph McCleskey and Joy Hedges have been on the KWKC Radio Health Talk Show promoting the Mayor's Council on Physical Fitness and the upcoming Walking Event.

Tony Neitzler shared that the upcoming Walking Event along with the participation in the West Texas Fair and Rodeo Parade are great venues for showcasing the Mayor's Council on Physical Fitness.

A subcommittee was appointed composed of Bill Horn and Deonna Shake for upcoming Balloon Fest Event.

5. Adjournment

The meeting was adjourned at 5:31 pm.