

**Minutes**  
**Mayor's Council on Physical Fitness**  
**June 9, 2010**  
**4:00 PM**  
**Abilene City Hall**  
**Basement Conference Room**

The Mayor's Council on Physical Fitness met on June 9, 2010 in the Basement Conference Room of City Hall, 555 Walnut Street, Abilene, Texas 79601. Chair Pug Parris was present and presiding. Present were Dennis O'Connell, Bill Horn, Mary Herron, Liz Rotenberry and Karen Stover, Mayor's Council on Physical Fitness members. Also present were Barbara Boen and Kelley Messer, City of Abilene staff.

**1. Call to order**

Chair Pug Parris called the meeting to order at 4:00 PM after determining a quorum.

**2. Minutes: Approval of Minutes of February 10, March 10, April 14 and May 12, 2010 meetings**

Approval of the Minutes of the February 10, March 10, April 14 and May 12, 2010 Mayor's Council on Physical Fitness meetings were tabled until the July 14 meeting.

**3. Staff Liaison report**

Barbara Boen updated the Council on mentoring efforts to Phase I cities for May, 2010, and provided a copy of the thank you note from the Wounded Warrior Project 5K organizers. Barbara also spoke about the Mayor's Hike held on Saturday, June 5 at Lake Abilene. We had approximately 85 participants this year and offered the same three trail options as last year's hike.

**4. Discussion only items**

None

**5. Discussion and possible action items**

- a) **Appointment of Chair and vice Chair for June 2010 through May 2011.**

Kelley Messer reminded the Council that per the bylaws, the Chair and Vice Chair can serve for up to three consecutive terms. Liz Rotenberry made the motion to elect Dennis O'Connell as Chair and Bill Horn as Vice Chair for the upcoming year. Mary Herron seconded the motion. There was no further discussion and the motion carried unanimously.

**b) Recognition of outgoing Councilmembers**

Former Chair Pug Parris thanked outgoing Councilmember Liz Rotenberry for her pioneering efforts as the Council's first chair and Karen Stover for representing the schools. Ms. Rotenberry said she had enjoyed her time on the Council and suggested the creation of a Friends of the Mayor's Council on Physical Fitness group. Chair O'Connell wants all members to be prepared to suggest three 'friends' at the next meeting and to seek areas that are underrepresented (YMCA, City Recreation Centers, etc.). He will send a reminder email. Ms. Stover also expressed her enjoyment with serving on the Council. It was noted that Dr. Tanya Brice would be leaving the council effective July 1, 2010 as she is relocating out of town for professional reasons.

**c) Favorite Fitness Activity of the Month May (Stover/Herron), July Swim Day**

Councilmembers Parris, Herron, Stover and Rotenberry spoke about the elementary schools they went to during May to promote fitness and exercise. It was suggested that we do this activity again on September 10, 2010 in conjunction with Abilene on the Move day.

For July Swim day, Ms. Parris offered to contact Lesli Andrews and Mike Hall at the City of Abilene re sponsoring a free swim day at the City's two public pools. Ms. Rotenberry made the motion to allocate up to \$250.00 to help the City defray costs. Motion seconded by Ms. Parris. Mr. Horn commented that this is a great way to introduce people to the pools.

**d) Abilene Area Agency on Aging booth on May 20**

Ms. Parris updated the Council on the jamboree held at Rose Park Senior Center. She gave away Mayor's Council on Physical Fitness stretchbands, t-shirts, magnets and bottled water, and did a stretchband demo at lunch.

**6. Set next meeting date**

The next meeting date is Wednesday, July 14, 2010.

**7. Adjournment**

Chair Dennis O'Connell adjourned the meeting at 4:40 PM.