

**Minutes
Mayor's Council on Physical Fitness
Regular Meeting May 11, 2011
Abilene City Hall
Basement Conference Room**

The Mayor's Council on Physical Fitness met on May 11, 2011 in the Basement Conference Room of City Hall, 555 Walnut, Abilene, Texas 79601. Dennis O'Connell, Chairperson, was present and presiding. Members present were Bill Horn, Cheryl Edgar, Mary Herron, Pug Parris, and Deonna Shake. Also present were Theresa James, Kelley Messer, and Audria Hammond - City of Abilene staff.

1. Call to Order

Dennis O'Connell, Chairperson called the meeting to order at 4:05 pm after determining a quorum.

2. Minutes: Approval of Minutes of April 13, 2011 regular meeting

On a motion by Bill Horn; seconded by Cheryl Edgar, minutes of the April 13, 2011 regular meeting was approved.

3. Staff Liaison report

a) Mentoring log to DSHS (April 2011)

In the absence of Barbara Boen, Staff Liaison, Audria Hammond presented the Mentoring Log submitted to the Department of State Health Services for April 2011. She noted that there were no mentoring activities.

Mayor's Council on Physical Fitness
Phase III Mentoring Activities
April, 2011

SECTION II PERFORMANCE MEASURES

Measure 1 – Mentor other cities by hosting representatives of those cities, answering their questions and providing follow up guidance and coaching via phone, email or fax regarding the development and implementation of those cities' Mayoral Fitness Councils and work plans.

- No mentoring activities in April, 2011

b) Bottled water inventory

Audria Hammond presented the bottled water inventory prepared by Barbara Boen, Staff Liaison:

**Mayor's Council on Physical Fitness Water Inventory
As of May 2, 2011**

	<u># Cases</u>
<u>Purchased September 13, 2010</u>	60
Abilene Martial Arts Open House December 9, 2010	(1)
Steam 'N' Wheels March 9, 2011	(8)
Mayor's 5K April 16, 2011	<u>(16)</u>
Sub total Physical Inventory as of May 2, 2011	35
<u>Commitments – Requests for Support</u>	
Rescue the Animals 5K May 14, 2011	(12)
Mudslinger 5K September 10, 2011	<u>(12)</u>
Sub total Requests Committed Bottles of Water	(24)
<u>Request for Support</u>	
Senior Jamboree May 19, 2011	(15)

The report reflected a total of 35 bottles of water on hand with 39 bottles either committed for support or requested for support.

On a motion by Pug Parris, seconded by Deonna Shake, the Council approved the purchase of sixty (60) cases of water.

4. Discussion and possible action on the following:

a) Favorite Fitness Activity of the Month:

May Field Day

Mary Herron reported that members of the Council have signed up for the AISD Elementary Schools PE Field days. Members will do PA announcements and visit PE classes.

May Senior Jamboree

Pug Parris reported that the Senior Jamboree is scheduled for May 19, 2011 at the Rose Park Senior Citizens Center. She will represent the Council at the Mayor's Council on Physical Fitness Booth. She will lead exercises from 11:40 am – 12:30 pm using dynabands. She requested volunteers for the event.

June Mayor's Hike

Pug Parris updated the members on plans for the Mayor's Hike scheduled for Saturday, June 4, 2011, beginning at 8:00 am. The Hike will be around Lake Abilene at Abilene State Park. The event is free, open to the public and no pre-registration is needed. Volunteers for the event were requested. The Hike will be advertised on Facebook, through group e-mails, and a news release.

July

Deonna Shake will represent the Mayor's Council on Physical fitness at the 2011 Tour de Gap Bike Race. The event is set for July 23, 2011 in Buffalo Gap.

b) Request for Support Senior Jamboree

Pug Parris presented the request for support for the Senior Jamboree: bottled water and dynabands. The event is scheduled for May 19, 2011 at the Rose Park Senior Citizens Center.

On a motion by Deonna Shake, seconded by Bill Horn, the Council approved 15 cases of water, dynabands, and the remaining odd sizes of t-shirts for the event.

c) Request for Support Mayor's Hike

Pug Parris presented the request for support for the Mayor's Hike: 4 cases of bottled water. The event is scheduled for June 4, 2011 at 8:00 am around Lake Abilene at Abilene State Park.

On a motion by Cheryl Edgar, seconded by Deonna Shake, the Council approved 6 cases of water for the event.

d) Public Relations Team activity report

Pug Parris stated that there was no Public Relations activity report.

The Public Relations Action Plan for the period May thru June 2011 was reviewed:

Dennis O'Connell stated that it is time to submit nominations for the Mayor's Council on Physical Fitness Group Award.

Ms. Parris noted that the July 4th Free Swim Day needed to be presented to the City as last year the City requested that the event not be held.

Deonna Shake stated that will be a disc golf event in June or July. She also stated that she will represent the Council at the Tour De Gap Bike Race on July 23, 2011.

Mr. O'Connell asked the members present to submit names to Kris Dawson for the Friends of Council/Fitness group.

Mr. O'Connell and Kelley Messer informed the Council that City will not be able to manage the myfitnessabilene.com website. There was discussion on the use of the facebook page to link to the myfitnessabilene.com website. Dennis will check with Kris Dawson on the status of the facebook page. He stated that when nominating new members to the Council, it would be great to include someone with IT experience and Marketing/PR experience.

e) Marketing Team activity report

Bill Horn stated that there was no Marketing Team activity report.

5. Set next meeting date

The next meeting date was set for June 8, 2011 in the Basement Conference Room of City Hall.

6. Adjournment

On a motion by Pug Parris, seconded by Cheryl Edgar, Chairperson Dennis O'Connell adjourned the meeting at 4:58 pm.