

**Minutes  
Mayor's Council on Physical Fitness  
Regular Meeting February 8, 2012  
Abilene City Hall  
Basement Conference Room**

The Mayor's Council on Physical Fitness met on February 8, 2012 in the Basement Conference Room of City Hall, 555 Walnut, Abilene, Texas 79601. Bill Horn, Chairperson, was present and presiding. Members present were Kris Dawson, Cheryl Edgar, Mary Herron, Kathy Owen, Ron Richert, Deonna Shake, Terri Watkins and Joy Hedges. Also present were City of Abilene staff: Barbara Boen, Kelley Messer, and Audria Hammond.

**1. Call to Order: Welcome and swearing in of new members.**

Bill Horn, Chairperson, called the meeting to order at 4:00 pm after determining a quorum. He welcomed new members Kathy Owen and Terri Watkins. Audria Hammond administered the Oath of Office and swore them in. Mary Herron submitted her resignation as she is moving to Ruidoso.

**2. Minutes: Approval of Minutes of September 14, October 12, November 9, 2011, and January 11 regular meetings**

Minutes of the September 14, October 12, November 9, 2011 and January 11 regular meetings were tabled.

**3. Staff Liaison Report**

Barbara Boen, Staff Liaison, presented the following report:

- **Event Evaluation**
  - i. **Alliance for Women and Children ( November 5)**

The Event Evaluation for the Alliance for Women and Children event held on November 5, 2012 has not been received.

- ii. **Mayor's Hike (Date TBD)**

The date for the Mayor's hike has not been finalized. Kris Dawson will work on three possible dates to submit to Mayor Archibald.

- **Revised Application for Support form**

Ms. Boen presented the revised Application for Support form and explained how the support form is used. On a motion by Kris Dawson, seconded by Ron Richert, the Council approved the revised Application for Support form.

**4. Discussion and possible action on the following:**

- **Discussion of Goals**

Mr. Horn requested members to think about what they would like to see the Mayor's Council on Physical Fitness accomplish and to bring a list to the next meeting

- **Request for Support**
  - i. **2012 Steam – N - Wheels**

Ms. Boen presented the request for support for the 20<sup>th</sup> Annual Steam-N-Wheels Bike Race and Fun Ride scheduled for March 24, 2012. There have been 150-200 bike riders participating each year. The request was for 200 bottles of water. On a motion by Deonna Shake; seconded by Cheryl Edgar, the Council approved the support of 200 bottles of water for the event.

- ii. **Mayor’s Run/Walk/Wheel**

Joy Hedges presented the request for support for the 9<sup>th</sup> Annual Mayor’s 5k Run/Walk Wheel event scheduled for April 14, 2012. The event also includes a “Family Fun Run” for small children. The event is the major fundraiser for the Mayor’s Council on Physical Fitness. The request was for 40 cases of water. On a motion by Cheryl Edgar; seconded by Deonna Shake, the Council approved the support of 40 cases of water for the event.

- **Results of Nominations for Chris Kyker Physical Fitness Leadership Award**
  - i. **Event and/or organization due October 31**
  - ii. **Individual due January 31**

No nominations for the Chris Kyker Physical Fitness Leadership award for an event and/or organization or an individual have been received. Mr. Horn encouraged Council members to submit nominations.

- **Favorite Fitness Activity of the Month:**
  - November** - Turkey Trot November 24, 2011
  - December** - No event
  - January** - Steamboat Mountain – January 1, 2012
  - March** - Steam ‘N’ Wheels - - *March 24, 2012*
  - April** - Mayor’s Run/Walk/Wheel – *April 14, 2012*
- **Favorite Fitness Activity of the Month for upcoming months**
  - September** – West Texas Fair and Rodeo
  - October** – Abilene On the Move Day
- **Update Proposed Mudslinger event discussion**
- **Proposed Humocross event discussion**

Discussion of the proposed Mudslinger event and Humocross event was tabled.

- **Update Mayor’s Council on Physical Fitness Facebook options**

Members present stated that Social Media is a great way to get the word out about the Mayor’s Council on Physical Fitness. Kelley Messer reminded the Council that the Facebook page must follow the City of Abilene Social Media Policy.

- **Activity Report**
  - i. **Fitness Expo Team**
  - ii. **Community Challenge Team**

There were no reports from the Fitness Expo Team and Community Challenge Team.

**5. Set next meeting date**

The next meeting date was set for March 7, 2012

**6. Adjournment**

Bill Horn, Chairperson adjourned the meeting at 5:05 pm.