

**Minutes
Mayor's Council on Physical Fitness
Regular Meeting April 4, 2012
Abilene City Hall
Basement Conference Room**

The Mayor's Council on Physical Fitness met on April 4, 2012 in the Basement Conference Room of City Hall, 555 Walnut, Abilene, Texas 79601. Bill Horn, Chairperson, was present and presiding. Members present were Cheryl Edgar, Kathy Owen, Ron Richert, Deonna Shake, and Joy Hedges. Also present were City of Abilene staff: Barbara Boen, Kelley Messer, and Audria Hammond; and JoAnne Bentley, Rescue the Animals.

1. Call to Order

Bill Horn, Chairperson called the meeting to order at 4:08 pm after determining a quorum.

2. Minutes: Approval of Minutes of September 14, October 12, November 9, January 11, February 8, and March 7 regular meetings

Minutes of the September 14, October 12, November 9, 2011 and January 11, February 8, and March 7 2012 regular meetings were tabled until the May 9, 2012 regular meeting.

3. Staff Liaison report (Boen)

Barbara Boen, Staff Liaison, presented the following Staff Liaison report:

i. Living Well/Health and Fitness Jamboree (May 25, 2012)

The City of Abilene Senior Citizens Living Well/Health and Fitness Jamboree is scheduled for May 25, 2012 at the Rose Park Senior Citizens Center. Pug Parris, former Mayor's Council on Physical Fitness member will host the event on behalf of the Mayor's Council. Ms. Boen will assist with set up for the event. Donna Shake and Mr. Horn will assist Ms. Parris during the event.

4. Discussion and possible action on the following:

- **Discussion of Goals**

One of the immediate goals is to get the Mayor's Council on Physical Fitness Facebook page in place. A new page will be set up following the parameters set by the Social Media Policy. Mr. Horn and Kathy Owen will work to get it set up. They will contact with Callie Harris, City of Abilene Communications and Media Relations Manager for assistance.

- **Request for Support**

- i. BikeTown/Habitat for Humanity**

Kathy Owen presented the Request for Support from Biketown for the Hammer Down Du (duathlon) event benefitting Habitat for Humanity scheduled for May 5, 2012. The request was for \$500.00. On a motion by Deonna Shake, seconded by Cheryl Edgar, the Council approved a sponsorship of \$500.00. Kathy Owen abstained from the vote.

- ii. Rescue the Animals**

JoAnne Bentley, from Recue the Animals, presented the Request for support for the 2nd Annual Rescue the Animals 5K Run/Walk scheduled for May 12, 2012. The request was for 12 cases of water and any other funds deemed appropriate by the Council. On a motion by Cheryl Edgar; seconded by Ron Richert, the Council approved a sponsorship of \$500.00 and twelve cases of water.

- **Update Mayor's Council on Physical Fitness Social Media User Policy**

The Mayor's Council on Physical Fitness Social Medial Policy has been updated by Legal.

- **Favorite Fitness Activity of the Month**

- **March: Steam 'N' Wheels**

- Deonna Shake reported that there 273 riders in the event held on March 24, 2012. The water donated was greatly appreciated.

- **April: Mayor's Run/Walk/Wheel**

- The annual Mayor's 5K Run/Walk/Wheel event is scheduled for April 14, 2012.

- **May: Mayor's Hike**

- The Mayor's Hike is scheduled for May 5, 2012.

- **May: Field Day**

- Cheryl Edgar is finalizing dates for this year's Field Day event for Abilene ISD schools.

- **Favorite Fitness Activity of the Month for upcoming months**

The following Favorite Fitness Activity of the Month events were discussed for upcoming months:

- **June:** Wild Hair Disc Golf Event

- **July:** Tour de Gap

- **September:** West Texas Fair and rodeo

- **October:** Abilene On the Move Day; Marathoning for Miracles

- **November:** Turkey Trot

- **Update Proposed Mudslinger/Humocross event discussion**

The Council discussed the proposed Mudslinger/Humocross events. The Council stated that they felt that it would be difficult for them to sponsor as the events are labor intensive.

- **Activity Report**

- **i. Fitness and Wellness Team**

- Ron Richert gave the Fitness and Wellness Team report. The team has been exploring hosting a Wellness Conference early next year. The event would include booths, exhibits, and vendors as well as education events (speakers, cooking demonstrations) The goal of the conference is to get people involved who are currently not.

- **ii. Community Challenge Team**

- There was no report from the Community Challenge team.

5. Set next meeting date

The next meeting date was set for May 9, 2012.

6. Adjournment

Bill Horn, Chairperson adjourned the meeting at 4:59pm..