

Minutes
Mayor's Council on Physical Fitness
June 13, 2012
4:00 PM
Abilene City Hall
Basement Conference Room

The Mayor's Council on Physical Fitness met on June 13, 2012 in the Basement Conference Room of City Hall, 555 Walnut Street, Abilene, Texas 79601. Chair Bill Horn was present and presiding. Present were Bill Horn, Kris Dawson, Kathy Owen, Terri Watkins, Deonna Shake and Joy Hedges, Mayor's Council on Physical Fitness members. Also present were Barbara Boen, Audria Hammond and Kelley Messer, City of Abilene staff.

1. Call to order

Chair Bill Horn called the meeting to order at 4:05 PM after determining a quorum.

2. Minutes: Approval of Minutes of the September 14, October 12, November 9, January 11, February 8, March 7, April 4 and May 9 regular meetings.

Deonna Shake made a motion which was seconded by Kathy Owen that the minutes for the September 14 and October 12, 2011 and January 11 and May 9, 2012 regular meetings be approved as presented. All members present approved and motion carried.

3. Staff Liaison report

Barbara Boen reported to the Council that the organizers of the Hammer Down Du had thanked the Mayor's Council for their support by bringing some much appreciated home baked treats to City Hall. Event Evaluation Forms from the Steam 'N' Wheels bike ride held in March, 2012, the Second Annual Rescue the Animals 5K Run/Walk and Senior Jamboree held in May, 2012 were presented. Deonna Shake reported The Steam 'N' Wheels event held in March was well attended. While helping staff our booth at the Senior Jamboree, Bill handed out bottled water and took pictures for posting on the Mayor's Council on Physical Fitness Facebook page.

4. Discussion and possible action items

- **Discussion of Goals** Bill Horn spoke about the Mayor's Council on Physical Fitness Facebook page and reported the page had over 40 likes. He encouraged council members to send it to their friends list and ask their friends to like it, too. Getting the word out is a way to show our involvement with physical fitness. Ron Richert, Kathy Owen and Bill Horn all have admin rights, and people are urged to take pictures or write something and get it to one of the admin people.
- **Request for Support** Deonna Shake presented the Request for Support for the Wild Hair Disc Golf Tournament to be held on June 23-24, 2012. Typically, over 100 disc golfers participate in this event, primarily in the junior high to adult age ranges. This is a fund-raising opportunity to put 18 more holes of disc golf at Cal Young Park. Event organizers asked for \$450.00 and 10 cases of bottled water. In exchange, the Mayors' Council will receive Mayor's Council logo visibility on both the event t-shirt and banner. The motion to approve the request for support was made by Kris Dawson and seconded by Kathy Owen. All members present approved and motion carried.
- **Update on Mayor's Council on Physical Fitness Facebook** Update on Facebook page was discussed under "Discussion of Goals".
- **Favorite Fitness Activity of the Month** Events previously held were reviewed.
 - **April 2012 Mayor's Run/Walk/Wheel** Joy Hedges reported approximately 350 participated in the 5K; and 50 in the Fun Run. More was done this year to advertise the event and the PSA featuring Mayor Archibald and various groups of runners/joggers was well received. \$2000.00 came from sponsorships, \$6000.00 from entries. \$3000.00 was spent on advertising. Net proceeds are approximately \$500.00. This year we competed with three other similar events held on the same date. Registration prices have not been increased for this event in 3 years. It is a very economical form of family fitness opportunity.
 - **May 2012 Mayor's Hike** Kris Dawson spoke about the hike along Cedar Creek from South 11th to Stevenson Park. 50 hikers attended the event.
 - **May 2012 Field Day** Cheryl Edgar participated at Bassetti Elementary.
 - **May 2012 Senior Jamboree** Barbara Boen reported that 40 t-shirts were given away along with 15 cases of bottled water. Former Mayor's Council on Physical Fitness member Pug Parris led an exercise class.

- **June 2012 Wild Hair Disc Golf** Deonna Shake spoke about the upcoming event. She feels this will be well run and attended.
 - **July Tour de Gap** Per Deonna Shake, the event will be held on July 28
- **Favorite Fitness Activity of the Month for upcoming months** Kris Dawson mentioned the upcoming Stuff the Bus event sometime in August. She will try to find out more about it.
- **Activity Report**
 - **Fitness Expo Team** No report available
 - **Community Challenge Team** No report available

6. Set next meeting date

The next meeting date is Wednesday, July 11, 2012.

7. Adjournment

Chair Bill Horn adjourned the meeting at 4:45 PM.