

**Minutes  
Mayor's Council on Physical Fitness  
Regular Meeting September 12, 2012  
Abilene City Hall  
Basement Conference Room**

The Mayor's Council on Physical Fitness met on September 12, 2012 in the Basement Conference Room of City Hall, 555 Walnut, Abilene, Texas 79601. Bill Horn, Chairperson, was present and presiding. Members present were Pamela Lofton, Kathy Owen, Deonna Shake, Terri Watkins and Joy Hedges. Also present were City of Abilene staff: Barbara Boen, Kelley Messer, and Audria Hammond.

**1. Call to Order**

Bill Horn, Chairperson called the meeting to order at 4:00 pm after determining a quorum. He welcomed new member Pamela Lofton. Audria Hammond administered the oath of office and swore her in.

**2. Minutes: Approval of Minutes of November 9, 2011, February 8, March 7 April 4, June 13, July 11 and August 8 regular meetings**

On a motion by Terri Watkins seconded by Deonna Shake the Council approved the minutes of the June 13, July 11, and August 8, 2012 regular meetings.

**3. Staff Liaison Report**

Barbara Boen, Staff Liaison, presented the following report:

**i. Event Evaluation Form Hammer Down Du (May 5)**

The sponsorship was used to help cover expenses for the event. Any funding received after expenses were covered went to the local chapter of Habitat for Humanity. They were 72 participants, male and female, ages 10 to 60. Ideas to improve future events: more publicity and advertising; offer a relay event.

**ii. Event Evaluation Form Wild Hair Disc Golf Tournament (June 23-24)**

The sponsorship was used to offset the cost of food, water, advertising, and purchase of the dri-fit shirts. There 120 participants, male and female. Most players were between the ages of 20 and forty. Ideas to improve future events: portable restrooms; change Friday doubles event to offer two divisions.

**iii. Nominations deadline for Chris Kyker Physical Fitness Leadership Award (event and/or organization)**

The deadline for submission of nominations for the Chris Kyker Physical Fitness Leadership Award (event and/or organization) is October 31, 2012.

She also noted that she had received a call from the City of Wimberley regarding the work of our Mayor's Council on Physical Fitness.

**4. Discussion and possible action on the following:**

- **Appointment of Vice Chair for August 2012 through May 2013**

On a motion by Deonna Shake; seconded by Terri Watkins, the Council appointed Kathy Owen Vice Chairperson for the period August 2012 through May 2013.

- **Recognition of outgoing Councilmembers**

Bill Horn, Chairperson, recognized and thanked outgoing Councilmembers Kris Dawson and Ron Richert for their service on the Mayor Council on Physical Fitness.

- **Discussion of Goals**

Mr. Horn asked Councilmembers work on goals for the Council and to be ready to discuss at the next meeting. One of the immediate goals is to add a profile of each member to the Council's Facebook page.

- **Request for Support**
  - i. **Big Brothers Big Sisters Bike for Kids' Sake (October 6, 2012)**

Michelle Parrish, Big Brothers Big Sisters presented the request for support the Big Brothers Big Sisters' " Bike for Kids' Sake" event scheduled for October 6, 2012. Accompanying her was Mark Spurlock, Board Member. The biking event will feature 10, mile, 25 mile and 50 mile routes. The request was for \$500.00 for tent rental and other event supplies. On a motion by Deonna Shake; seconded by Kathy Owen, the Council approved the request for \$500.00. The Mayor's Council on Physical Fitness logo will be included on the Big Brothers Big Sisters' Facebook page, event flyers and event t-shirts.

- ii. **Girl Scouts of Texas Oklahoma Plains Program Collaboration Information Packet**

The Girl Scouts of Texas Oklahoma Plains submitted information to the Council to partner with their organization. Upon review of the information packet, the Council determined that a partnership would not be a good fit for the Mayor's Council on Physical Fitness.

- **Favorite Fitness Activity of the Month:**
  - June: Wild Hair Disc Golf – June 23-24, 2012
  - July: Tour de Gap – July 28, 2012
  - September: West Texas Fair and Rodeo (*TBD*)
  - October: Abilene On the Move Day – October 12, 2012
  - October: Mayor's Hike - October 20, 2012
- **Favorite Fitness Activity of the Month for upcoming months**
  - November: Marathoning for Miracles

## Turkey Trot

- **Activity Report**
  - i. **Fitness Expo Team**
  - ii. **Community Challenge Team**

There were no reports from the Fitness Expo Team and community Challenge Team.

### **5. Set next meeting date**

The next meeting date was set for October 10, 2012.

### **6. Adjournment**

Bill Horn, Chairperson adjourned the meeting at 4:57 pm.