

**Minutes  
Mayor's Council on Physical Fitness  
Regular Meeting October 10, 2012  
Abilene City Hall  
Basement Conference Room**

The Mayor's Council on Physical Fitness met on October 10, 2012 in the Basement Conference Room of City Hall, 555 Walnut, Abilene, Texas 79601. Bill Horn, Chairperson, was present and presiding. Members present were Pamela Lofton, Kathy Owen, Deonna Shake and Terri Watkins. Also present were City of Abilene staff: Barbara Boen, Stan Smith, and Audria Hammond; and E'Lisa Smetana

**1. Call to Order**

Bill Horn, Chairperson called the meeting to order at 4:00 pm after determining a quorum.

**2. Minutes: Approval of Minutes of November 9, 2011, February 8, March 7, April 4, and September 12, 2012 regular Meetings**

Minutes of the November 9, 2011, February 8, March 7, April 4, and September 12, 2012 regular meetings were tabled until the November 14, 2012 regular meeting.

**3. Staff Liaison report (Boen)**

**i. Event Evaluation Form Bike for Kid's Sake (October 6)**

Barbara Boen, Staff Liaison informed the Council that the Event Evaluation Form for the Big Brothers Big Sisters "Bike for Kids' Sake" event held on October 6, 2012 had not been received. Deonna Shake stated that she attended the event. She stated that there were approximately 26 participants. The Mayor's Council on Physical Fitness logo was printed on the event t-shirts. The Mayor's Council on Physical Fitness was also recognized as an event sponsor during the opening ceremony.

**ii. Nominations deadline for Chris Kyker Physical Fitness Leadership Award (event and/or organization)**

Ms. Boen reminded the members present that the deadline for nominations for the Chris Kyker Physical Fitness Leadership Award for an event and/or organization is due on October 31, 2012. One (1) nomination has been received to date.

**iii. T-shirt inventory/promotional items**

Ms. Boen informed the Council that Mayor's Council on Physical Fitness t-shirts were last ordered in March of 2010. . A total of \$1,000 was used to purchase 173 t-shirts ranging in sizes from small to 2XL. Council members present took the remaining t-shirts to use for "Random Acts of Fitness". Ms. Shake will work with Ms. Boen on updating the design for the t-shirts for a future order.

**iv. Business cards with Facebook info**

Ms. Boen presented a sample of the Mayor's Council on Physical Fitness Business Card. The card includes Mayor's Council on Physical Fitness Facebook info. The Council approved the purchase of 500 business cards.

**4. Discussion and possible action on the following:**

- **Discussion of Goals (Horn)**

Mr. Horn reminded the Council that the purpose of the Mayor's Council on Physical Fitness is to assist in developing and promoting ongoing fitness programs and annual fitness campaigns designed to meet the needs of the community.

- **Month October Abilene On the Move Day (TBD); Mayor's Hike (TBD), November Turkey Trot (Horn)**

Abilene on the Move Day is scheduled for October 12, 2012.

The Mayor's Fall Hike is scheduled for October 20, 2012

The Runner's Club "Turkey Trot" is scheduled for November 22, 2012.

- **Favorite Fitness Activity of the Month for upcoming months (Horn)**

**The following possible Favorite Activities of the Month for upcoming month were discussed.**

December: Jingle Bell Fun Run (TBD)  
City of Abilene Duathlon (TBD)

January 2013: New Year's Run

- **Activity Report**  
**i Community Challenge Team (Hedges)**

Joy Hedges was unable to attend the meeting. Mr. Horn noted that the Community Challenge Team had been put on hold and will be reviewed early next year.

**5. Set next meeting date**

The next meeting date was set for November 14, 2012.

**6. Adjournment**

Bill Horn, Chairperson adjourned the meeting at 4:35 pm.