



**Minutes**  
**Mayor's Council on Physical Fitness**  
**September 11, 2013**  
**4:00 PM**  
**Abilene City Hall**  
**Basement Conference Room**

The Mayor's Council on Physical Fitness met on September 11, 2013, at 4:00pm, in the Basement Conference Room of City Hall, 555 Walnut Street, Abilene, Texas 79601. Vice Chair Kathy Owen was present and presiding. Members present were Lindsay Edwards, Randy Harriman, Casie Casey, Kari Williams, and Deonna Shake, Mayor's Council on Physical Fitness members. Also present were Cindy Chitwood and Stan Smith, City of Abilene staff.

**1. Swearing in of new and reappointed council members**

Cindy Chitwood swore in re-appointed member, Lindsay Edwards.

**2. Call to order**

Vice Chair Owen called the meeting to order at 4:03 PM, after determining a quorum.

**3. Minutes: Approval of Minutes of July 10 and August 21, 2013 regular meetings**

Ms. Edwards made the **motion to approve the Minutes of the July 10 and August 21, 2013 regular meetings**. Ms. Shake seconded the motion; **motion carried**.

Ayes: Council Members Harriman, Casey, Williams, and Vice Chair Owen

Nays: None

**4. Discussion and possible action items:**

**i. Request for Support**

- a) Big Brothers Big Sisters' 2013 2<sup>nd</sup> Annual Bike for Kids' Sake (Michelle Parrish and Mark)

The representatives from Big Brothers Big Sisters were present to discuss, and answer any questions anyone might have about, their event coming up on Oct. 5<sup>th</sup>.

Ms. Shake then made a **motion to approve the \$500 event sponsorship requested**. Ms. Edwards seconded the motion; **motion carried**.

Ayes: Council Members Harriman, Casey, Williams, and Vice Chair Owen

Nays: None

- b) "The Pit" Downtown Community Gym's Shoe Drive (Chad Walters and David Pittman)

The representatives from The Pit were present to discuss what The Pit offers to the community. The Gym's Shoe Drive had been cancelled, so there was nothing being requested of the council at this time. However, Mr. Walters and Mr. Pittman discussed different ways that the council, in the future, might be able to get involved with their efforts, as well as another event they are putting together for Oct. 5<sup>th</sup>, Community Service Day.

- c) Mayor's 5K (Anita Vigil)

Ms. Vigil brought forward ideas for the council to begin considering:

- Adding a 10k fun-run to the 5k
- Moving the venue from the Civic Center to the Cedar Creek area owned by the City of Abilene
- To have booths at the starting/ending point

Ms. Owen agreed to speak with the President of the Runner's Club to offer these ideas and get their input.

Ms. Owen then made a **motion to move this item to next month's agenda**. Ms. Shake seconded the motion; **motion carried**.

Ayes: Council Members Harriman, Casey, Williams, and Edwards

Nays: None

- d) Abilene Youth Sports Authority Scholarship Program (John Smith)

Mr. Smith spoke regarding their upcoming event, the Mudslinger Run, as well as the many other efforts his organization is trying to accomplish for the children in the community. MCPF wanted to look into options for assisting children who want to play sports, but whose families are unable to pay for registration fees and equipment.

Abilene Youth Sports Authority has the scholarship program that MCPF could possibly partner with in order to assist in this same goal. They do send out e-letters to get the word out on what sports and when to sign up as well. Basketball is the next sport in the upcoming season.

He also reviewed their Firm Foundation program and handed out fliers.

## 5. Staff Liaison report

Ms. Chitwood, Staff Liaison, presented the following Staff Liaison report:

### i. Promotional items order status

- a) The wrist bands that the council voted on ordering were ordered and are ready for distribution
- b) Two bags of wrist bands were distributed amongst the members to pass out as they see fit to market the council and physical fitness in the community.

## ii. Review of Monthly Events Calendar

- a) The Abilene Disc Golf Association's Event Evaluation was reviewed and discussed.
- b) The upcoming events were reviewed, and board members contributed exact dates and additional events coming up to add to the calendar. Ms. Chitwood will update with additional events and have available by next meeting.

## iii. Promotional items up for discussion and action

- a) Quotes gathered for caps and visors
  - Ms. Shake suggested black with white logo
  - After further discussion, Ms. Shake **motioned not to order caps/visors at this time**. Ms. Owen seconded the motion; **motion carried**.

Ayes: Council Members Harriman, Casey, Williams, Edwards

Nays: None

- b) T-shirts' prices has been raised since last quoted last year.

- T-shirts are now \$5.50/ea., up to a size XL
- XXL are \$7.00/ea.
- XXXL are \$7.50/ea.

After discussion and review of the proof, Mr. Harriman **motioned to stick with the number of t-shirts originally decided on to order, 200**. Ms. Casey seconded the motion; **motion carried**.

Ayes: Council Members Shake, Williams, Edwards, and Vice Chair Owen

Nays: None

It was then discussed and decided on the following sizes to order:

- Adult Small                60
- Adult Medium            60
- Adult Large               35
- Adult XL                   35
- Adult XXL                  7
- Adult XXXL                3

Ms. Williams **motioned to order the above mentioned shirt sizes**. Ms. Edwards seconded the motion; **motion carried**.

Ayes: Council Members Shake, Harriman, Casey, and Vice Chair Owen

Nays: None

## 6. "Mayor's Challenge" for local universities for blood donations

After a discussion focusing on the fact that council members didn't believe something of this nature would fall under the category of "fitness," it was decided not to have the MCPF pursue leadership of such a project. The universities already do blood drives; and this type of contest could be led by the university staff.

Ms. Williams made the **motion to decline the challenge proposed**. Ms. Shake seconded the motion; **motion carried**.

Ayes: Council Members Harriman, Casey, Edwards, and Vice Chair Owen

Nays: None

## **7. Bobby Flores, Coca-Cola**

Mr. Flores requested to speak, although not on as an agenda item. He requested to speak to the council to give them information that Coca-Cola is looking to offer support with projects, assisting the community in building a healthy life-style; they want to help, and they do have available funds to work with Mayor's Council on Physical Fitness in this partnership. Mr. Flores/Coca-Cola will be placed on next month's agenda in order to go into further detail and take questions from the council.

## **8. Set next meeting date**

October 9, 2013, 4:00pm

## **9. Adjournment**

Vice Chair Owen adjourned the meeting at 5:25 PM.