



**Minutes
Mayor's Council on Physical Fitness
May 6, 2015
4:00 PM
Abilene City Hall
Basement Conference Room**

The Mayor's Council on Physical Fitness met on May 6, 2015, at 4:00pm, in the Basement Conference Room of City Hall, 555 Walnut Street, Abilene, Texas 79601. Vice Chair Williams was present and presiding. Members present were Angie Aguilar, Lindsay Edwards, and Jonathan Spencer, Mayor's Council on Physical Fitness members. Also present were Cindy Chitwood and Stan Smith, City of Abilene staff.

1. Call to Order

Vice Chair Williams called the meeting to order at 4:04 p.m., after determining a quorum.

Approval of Minutes for February 11, March 11, and April 8, 2015 regular meetings

Ms. Edwards made the **motion to approve the Minutes of the February 11, March 11, and April 8, 2015 regular meetings**. Mr. Spencer seconded the motion; **motion carried**.

2. Review

- i. Board members reviewed the upcoming events on the calendar and added the ACU Texas Sunset Vault for June 6th from 7 p.m. – 1:00 a.m. This will be a Nighttime Pole Vault Competition. The U.S. Track & Field State Competition was also added for July 7-11th. There will be approximately 5,000 kids and their families in Abilene for this competition.
- ii. Ms. Chitwood updated the board on the Mayor's 5/10K's number of participants, revenue, and expenses. She also discussed the comparisons of previous years and thanked board members for assisting in the event.
- iii. Ms. Chitwood updated the council on the Mayor's Hike at Cedar Creek. There were a total of 130 hikers walking along the route, and 3 volunteers from the City assisted her that morning.

- iv. Ms. Chitwood reminded the board that the Senior Wellness Jamboree had been that morning. She manned the MCPF booth, and as always, there was a great turnout.
- v. Ms. Chitwood asked the board members to approach possible board member candidates that they know would be a great asset to the council and give them an application for consideration. We have 3 vacancies that need to be filled.

3. Discussion and possible action items

- i. There was discussion, then a motion made by Ms. Aguilar **to elect Ms. Kari Williams as Chair and Ms. Lindsay Edwards as Vice Chair for the next twelve (12) month period.** Mr. Spencer seconded the motion; **motion carried.**
- ii. Joann, from Rescue the Animals, was present at the meeting. After discussion, Vice Chair Edwards made the **motion to approve the request for support in the amount of \$500 and 6 cases of bottled water** for their 5th Annual 5K and 1-Mile Walk/Run. Ms. Aguilar seconded the motion; **motion carried.**
- iii. Ms. Chitwood shared with the board the quotes received from Ms. Mazzarelli for the Information Postcards. The board is interested in having Ms. Mazzarelli move forward with putting together a proof for them to preview at the next meeting. Mr. Spencer said he would try to get another quote as well.
- iv. There was more discussion about the possibility of moving forward with an "Abilene Recess Day." The board agreed to be thinking up another name for the event, maybe like "Family Fun Fitness Day." There were suggestions of incorporating Brisket Ball and Disc-Golf Lacrosse as a couple of games to have. Mr. Spencer said he'd get with Coach Wylie at Action Zone, and Ms. Aguilar said she'd look into details with Action as well. A date was agreed upon, as well as a time: Saturday, September 19th from 9:30 a.m. to 11:30 a.m. Chair Williams had made the **motion for the date and time.** Vice Chair Edwards seconded the motion; **motion carried.**

4. Next meeting date

The next meeting date is set for Wednesday, June 10, 2015, 4:00pm.

5. Adjournment

Chair Williams adjourned the meeting at 5:04 p.m.