



**Minutes
Mayor's Council on Physical Fitness
September 9, 2015
4:00 PM
Abilene City Hall
Basement Conference Room**

The Mayor's Council on Physical Fitness met on September 9, 2015, at 4:00pm, in the Basement Conference Room of City Hall, 555 Walnut Street, Abilene, Texas 79601. Chair Kari Williams was present and presiding. Members present were Vice Chair Edwards, Aaron Wesson, Angie Aguilar, Randy Harriman, Jonathan Spencer, and Tracey Anderson, Mayor's Council on Physical Fitness members. Also present were Cindy Chitwood and Chace Craig, City of Abilene staff.

1. Call to Order

Ms. Chitwood welcomed and swore in reappointed board members, Randy Harriman.

Chair Williams called the meeting to order at 4:02 p.m., after determining a quorum.

2. Approval of Minutes for August 12, 2015 regular meeting

Ms. Edwards made the **motion to approve the Minutes of the August 12, 2015 regular meeting**. Ms. Aguilar seconded the motion; **motion carried**.

3. Review

- i. Ms. Chitwood advised the board that both new members have already completed the on-line trainings and submitted their certificates of completion.
- ii. Ms. Chitwood informed the board that both new members have already submitted their Facebook bios and photos and they have already been uploaded.
- iii. Board members reviewed the upcoming events on the calendar and no changes, nor additions/deletions.
- iv. The Age Well Live Well's Fishing Derby Event Evaluation Report was reviewed by the board members. Ms. Chitwood included additional details from the event as well.

4. Discussion and possible action items

- i. The Alzheimer's Association's Request for Support Form was reviewed and discussed by the board members in regards to their Abilene Walk to End Alzheimer's. Ms. Edwards made the **motion to approve the request for support in the amount of \$500 and 10 cases of bottled water**. Mr. Wesson seconded the motion; **motion carried**.
- ii. Mr. Harriman informed the board that Action would be hosting, and sponsoring, the Abilene Family Fitness Fun Fest by covering the facility fee, blow-up obstacle course, and 12 knocker balls, which equals approximately \$800.

The Council will need to provide the bottled waters.

Mr. Spencer offered to pick up and bring the 3 portable disc golf set-ups prior to him going out of town.

Mr. Harriman will forward the Action Waiver for review and approval by the COA Legal Division.

There will need to be approximately 12 volunteers needed to man the stations. The options that have been confirmed for stations are:

- Warm-up station
- Knocker balls
- Ultimate football
- Blow-up obstacle course
- Oversized beach ball volleyball
- Tug-o-war
- Bumper cars with blocking dummies
- Disc golf

Mr. Spencer made the **motion to partner with Love & Care Ministries and have participants bring can goods to donate to the cause**. Ms. Williams seconded the motion; **motion carried**. Mr. Spencer will make contact with them to coordinate.

Ms. Edwards made the **motion to hold the event on November 7th, from 1:00 p.m. – 3:00 p.m. and to table the final decisions of which activities to have available until the next meeting**. Mr. Harriman seconded the motion; **motion carried**.

- iii. Ms. Chitwood informed the board that she had submitted the request to place the order for the postcards.

- a. There had not been any confirmation of receipt of the order, nor any further communication; so Ms. Chitwood stated that she would make contact with On Target Promotions to follow-up on the order.
- b. The council discussed the types of prizes that they could offer up for the drawings for “liking” their Facebook page. It was mentioned to possibly do the drawings quarterly. The following options are being considered:
 - i. Mayor’s 5/10K free registration – Ms. Chitwood would undertake
 - ii. Abilene Zoo free family pass – Ms. Chitwood would take on
 - iii. Prime Time Family Entertainment Center gift card – Mr. Wesson would research
 - iv. Academy gift card – Mr. Spencer would inquire about
 - v. Abilene Running Co. gift certificate – Ms. Chitwood would handle
 - vi. YMCA individual or possibly family membership – Ms. Williams would look into

Ms. Edwards made the **motion to purchase a \$50 gift card from Academy for now**. Ms. Aguilar seconded the motion; **motion carried**.

Ms. Chitwood will purchase the gift card and retain until the first drawing.

5. Next meeting date

The next meeting date is set for Wednesday, October 14, 2015, 4:00pm.

6. Adjournment

Vice Chair Edwards adjourned the meeting at 4:53 p.m.