



Minutes
Mayor's Council on Physical Fitness
May 4, 2016
3:30 PM
Abilene City Hall
Basement Conference Room

The Mayor's Council on Physical Fitness met on May 4, 2016, at 3:30pm, in the Basement Conference Room of City Hall, 555 Walnut Street, Abilene, Texas 79601. Vice Chair Lindsay Edwards was present and presiding. Members present were Aaron Wesson, Jonathan Spencer, and Tracey Anderson, Mayor's Council on Physical Fitness members. Also present were Cindy Chitwood and Steven Levesque, City of Abilene staff.

1. Call to Order

Vice Chair Edwards called the meeting to order at 4:02 p.m., after determining a quorum.

2. Review

i. Wylie High School's Project Graduation 5K Color Run

Ms. Chitwood informed the Board that the Project Graduation Color Run had been cancelled; therefore, no monies, nor cases of bottled water, changed hands.

ii. Mayor's 5/10K & 1-Mile Family Fun Run

Discussion regarding this year's race:

- Possibly too many categories (especially breakdown of age groups)
- In order to assist in speeding up the process of distributing awards, instead of waiting between each name called for those who've won a medal in a particular category, to have person come up, get their medal, and get their picture taken with the mayor, possibly announce all names for medals at one time and take a group photo with the mayor, or even have a "photo booth" set up for winners to take pics with the Mayor if wanting to, on their own.

- Discussion of participant medals only, or as well as, winner medals, and how to distribute as participants crosses the finish line.
- It will be important to remind participants to review their information on their race packet to ensure accuracy for the race
- It will be equally important to remind participants that if they change their mind in the middle of the 10K, that they want to do the 5K, that they need to remember not to cross the mat at the finish line that would time them.
- It was discussed to possibly have competitions amongst the gyms and fitness businesses, to put together teams, maybe a travelling trophy, recognition on a news station for the one that wins, etc.
- In order for their to be more of a buzz and energy in the foyer of the Civic Center, to maybe have booths set up for kids to have face painting, activities, give-aways, etc.
- There may be college students that are in need of credit for assisting in organizing events such as the race, that we might be able to tap into for next year's race.
- Have Abilene Runner's Club put our date up on their website several months in advance, instead of a couple/three months in advance.
- It was requested that Ms. Chitwood request from Mayor this month a date for next year's race.

3. Discussion and possible action items

i. Election of Officers, Chair & Vice Chair

After discussion, a **motion was made** by Mr. Spencer **to elect Ms. Lindsay Edwards as Chair for the next twelve (12) month period.** Mr. Wesson seconded the motion; **motion carried**

After further discussion, a **motion was made** by Ms. Edwards **to elect Mr. Aaron Wesson as Vice Chair for the next twelve (12) month period.** Mr. Spencer seconded the motion; **motion carried**

ii. Request for Support – Big Brothers Big Sisters' 5th Annual Bike for Kids' Sake

Mallory Ashford and Mark Spurlock were present to represent Big Brothers Big Sisters and their event. Ms. Ashford spoke about the event, past and present; and the Board made their decision to sponsor the event: Mr. Spencer **made a motion to approve the request for support in the amount of \$500 and 4 cases of bottled water** for their 5th Annual Bike for Kids' Sake. Mr. Wesson seconded the motion; **motion carried.**

iii. Request for Support – Alzheimer's Association's Walk to End Alzheimer

There was not a representative at the meeting from the Alzheimer's Association of Abilene; therefore, the Board discussed the letter received from the organization requesting support, as well as their tiers of support listed. After their

discussion, Chair Edwards **made the motion to approve the request for support in the amount of \$500, falling under their “Copper Sponsor” level.** Ms. Anderson seconded the motion; **motion carried.**

Ms. Edwards then **made the motion to offer 1 case of bottled water** for their event as well. Mr. Wesson seconded the motion; **motion carried.**

5. Next meeting date

Due to conflicts in schedules, there was discussion about setting up meetings the month before based on schedules, to ensure a quorum each month. Mr. Levesque will check to see if this will be ok to do regularly.

The next meeting date is set for Wednesday, June 8, 2016, at 4:00pm.

6. Adjournment

Chair Edwards adjourned the meeting at 5:05 p.m.