



**Minutes
Mayor's Council on Physical Fitness
August 10, 2016
4:00 PM
Abilene City Hall
Abilene City Hall, Basement Conference Room**

The Mayor's Council on Physical Fitness met on August 10, 2016, at 4:00pm, in the Basement Conference Room of City Hall, 555 Walnut Street, Abilene, Texas 79601. Chair Lindsay Edwards was present and presiding. Members present were Vice Chair Aaron Wesson, Jonathan Spencer, and Tracey Anderson, Mayor's Council on Physical Fitness members. Also present were Cindy Chitwood and Steven Levesque, City of Abilene staff.

1. Call to Order

Chair Edwards called the meeting to order at 4:04 p.m., after determining a quorum.

Approval of Minutes for June 8 and July 13, 2016 regular meetings

Chair Edwards made the **motion to approve the Minutes of the June 8 and July 13, 2016 regular meetings**. Ms. Anderson seconded the motion; **motion carried**.

2. Discussion and possible action items

i. New Vendor for Board Member Polos

After discussion, a **motion was made** by Vice Chair Wesson **to begin utilizing Safeguard Business Services for the future purchases of board members' MCPF polo shirts**. Chair Edwards seconded the motion; **motion carried**.

ii. Mayor's 5/10K and Abilene Family Fun Fest/Sicloviva

The first item that was notated was that to make this successful, we must have the support of the community.

- There was a discussion regarding the two events that MCPF holds, the Family Fun Fest in the fall and the Mayor's Race in the spring, that 2017

might provide the opportunity to combine these two events into one event in the spring.

- Venues discussion: downtown or possibly changing to Nelson Park/Zoo area
- Having food trucks – maybe as part of the fund raiser, charge a fee to the food trucks to be on-site
- Renting out booth spaces for physical fitness organizations/businesses
- Having live music
- Still recruiting sponsors
- Bringing in Safety City for bicycle safety; maybe they could bring bikes
- Having jumping balloons / obstacle course balloons
- Requesting the Knocker Balls and Disc Golf organizers to participate
- The dates that were requested were April 8 or 22, 2017
- Ms. Chitwood will reach out to the Mayor to inquire about these dates, as well as ask his opinion on the change of venue.

Previously Mentioned Relevant Race Items:

- Possibly too many categories (especially breakdown of age groups)
- In order to assist in speeding up the process of distributing awards, instead of waiting between each name called for those who've won a medal in a particular category, to have person come up, get their medal, and get their picture taken with the mayor, possibly announce all names for medals at one time and take a group photo with the mayor, or even have a "photo booth" set up for winners to take pics with the Mayor if wanting to, on their own.
- Discussion of participant medals only, or as well as, winner medals, and how to distribute as participants crosses the finish line.
- It will be important to remind participants to review their information on their race packet to ensure accuracy for the race
- It will be equally important to remind participants that if they change their mind in the middle of the 10K, that they want to do the 5K, that they need to remember not to cross the mat at the finish line that would time them.
- It was discussed to possibly have competitions amongst the gyms and fitness businesses, to put together teams, maybe a travelling trophy, recognition on a news station for the one that wins, etc.
- In order for their to be more of a buzz and energy in the foyer of the Civic Center, to maybe have booths set up for kids to have face painting, activities, give-aways, etc.
- There may be college students that are in need of credit for assisting in organizing events such as the race, that we might be able to tap into for next year's race.
- Have Abilene Runner's Club put our date up on their website several months in advance, instead of a couple/three months in advance.

3. Review

- i. Request for Support – Rescue the Animals, Update
 - a. It had been required that Rescue the Animals complete a Request for Support Form in order for the MCPF to sponsor their last event; they had done this; therefore, it was added to the agenda to update Board.
- ii. Event Evaluation Reports –
 - a. Rescue the Animals
 - b. Abilene Disc Golf Association
 - c. Abilene Taylor County Public Health District
 - d. Big Brothers Big Sisters

Event evaluations had been submitted by the above listed organizations. They were reviewed by the Board.

5. Next meeting date

The next meeting date is set for Wednesday, September 14, 2016, at 4:00pm, based on Board's Rules of Procedure.

6. Adjournment

Chair Edwards adjourned the meeting at 4:42 p.m.