

Senior Advisory Board Minutes

January 21, 2009

9:30 a.m.

Rose Park Center Activity Center

The Bi-Annual Meeting of the Senior Citizens Advisory Board was held at Rose Park Senior Activity Center, located at 2625 South 7th. Those in attendance were: Leroy King, Paul Rehm, Hazel Forkerway, Linda Smith, Eddie Hodges, and Emory Walton. Staff members present were: Tony Neitzler, Carl Scott and Julie Sartor.

Board Members absent: Cynthia Cooke and John Goode.

Minutes of the previous meeting held on January 26, 2008 were reviewed. A motion was made by Leroy King a second by Linda Smith to approve minutes. The motion carried.

Election of Chair: Mr. Hodges opened by saying he has held the position and would be glad to pass it on. Mr. Hodges asked Mr. King what he thought and Mr. King stated that Mr. Hodges has done a good job and thought it would be a good idea to continue. Linda Smith stated that Mr. Hodges has done a good job and motioned to have Mr. Hodges continue to be the board chair. Motioned was seconded by Mr. King and the vote carried to retain Mr. Hodges as the board chairperson.

Mr. Hodges said that he has been coming to Rose Park Senior Activity Center and participating with the meal program and exercising and very appreciative of the participants and staff. Mr. Hodges said he was not aware of all the activities that were offered until he started coming.

Election of Vice-Chair: We currently do not have a Vice-Chair, but need to designate one. Mr. Walton motioned that we elect Mr. King and Ms. Forkerway seconded and the vote carried to elect Mr. King as the vice-chairperson.

Program Updates: Mr. Scott updated the board on the new people coming to use the exercise room and as of last week we have added 3 new treadmills. The treadmills were added by using some of the money that was left from the expansion of the room. Mr. Hodges wanted to know were some replaced or just added. Mr. Scott told the board we sent one treadmill to another center, so we replaced that one and added the others.

Last meeting the board was informed of the scanning program to help count the meals. Mr. Scott told the board how well this was still working and how much more efficient and timely it made in generating the reports.

Mr. Scott informed the board that we had purchased a Wii game (video game) for the center before Christmas. Mr. Scott talked about how the games help by using your mind and body.

This is more of an active game video. Mr. Scott said that we had some students come to the center recently to help with the games and to demonstrate. Ms. Smith said that nursing homes are starting to use these video game systems for their patients for their memory. Mr. Scott said he would be glad to show the board members the game after the meeting.

Program Updates: Mr. Scott will turn the update on the Parks Master Plan over to Mr. Neitzler. Mr. Neitzler let the board know some of the priorities with the Master Plan. First priority with the Parks Board and property owners is Lake Ft. Phantom including Sea Bee Park, boat ramps, Johnson Park, making more useable because these things are important to the public and the community. We are waiting to hear on some matching grants from Parks and Wildlife to help with these projects and hopefully we will know sometime this week. Wanted everyone to know that the Master Plan is not just a document, but things will be done, some things through the budget process and through Certificate of Obligations. Other interests are disc golf, and bird watching.

Upcoming Events: Senior Day at the Capitol will be February 10, 2009. We will not be able to charter a bus this year, as in the past, due to lack of charter buses that run out of Abilene. We tried to book last summer and none were available. We have checked other charter bus options but still have not been able to book one for this trip.

Senior Jamboree will be held on May 19, 2009 at the Abilene Civic Center.

The meeting was adjourned.