

RESOLUTION NO. 143-2023

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF ABILENE, TEXAS TO ADOPT THE ACTIVE LIVING PLAN

WHEREAS, the Abilene-Taylor County Public Health District facilitates the Healthy Texas Communities Grant administered by the Texas Department of State Health Services; and

WHEREAS, the purpose of the grant is to empower Texans by enabling them to make positive changes to their lifestyle; Assist communities in their assessment of their existing policies and practices; and to assess communities on eight health indicators to determine recognition status as a Texas Healthy Community; and

WHEREAS, the FY23 goals are to 1) Collaboratively develop an accessible, actionable, community-driven Active Living Plan 2) Increase local Texas Mother Friendly Worksites, 3) Promote the Texas Ten Steps Program in birthing facilities, and 4) Establish School District Gardens; and

WHEREAS, Thirty-five percent of adults in Abilene are obese compared to thirty-two percent nationally; and

WHEREAS, Active living makes physical activity part of your daily life and routine; and

WHEREAS, Representatives from eleven sectors of the community participated in the development of the Active Living Plan; and

WHEREAS, Each sector is provided with plans and potential action steps to encourage active lifestyles among their circle of influence, and

WHEREAS, the ATCPHD Advisory Board of Health recommends adoption by the City Council of Abilene, Texas.

NOW THEREFORE, BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF ABILENE, TAYLOR COUNTY, TEXAS:

PART 1. The City Council adopts the Active Living Plan to be promoted as best practice among all community sectors to increase active living with the goal of decreasing obesity rates in Abilene, Texas.

PART 2. That this Resolution shall be effective immediately upon adoption.

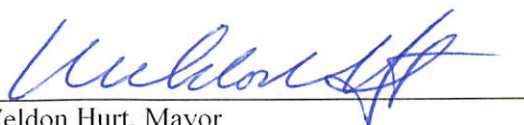
ADOPTED this 24th day of August, 2023.

ATTEST:



Shawna Atkinson, City Secretary

Kaitlin Richardson, Deputy



Weldon Hurt, Mayor

APPROVED:



Stanley Smith, City Attorney